Argentinian Tango Seminar - Panos Kormas

Assisted by Eleftheria Kontaki

The seminar in a nutshell:

Embrace, Preparing to move, Pencil, Overbalancing FW and BW, Back Eight, Sandwich, Caress and Voleos, Side Displacement, Hook, Planeo, Front Eight, Screw, Change of Direction, Wrap.

The Spanish Terms:

Abrazo, Cambio de Peso, Lapiz, Volcada con Colgada, Ocho Atras, Sanguchito, Lustrada y Voleos, Sacada de Costado, Ganjo, Planeo, Ocho Adelante, Enrosque, Arresta, Cambio de Frente, Envoltura.

Step by step analysis:

Timing	Leader	Follower
1-4 (S)	Walks into embrace	Walks into embrace
5-6	LF to side	RF to side
7	RF back	LF Fw
8&	LF to side, RF closed to	RF to side, LF closed to
	Follower's RF w/t wt	Leader's RF w/t wt
1	Leads the Pencil Leftwise	LF rotates L& Bw until cross
2	Leads the Volcada	LF rotates R& Fw overbalance
3	RF Bw continuing the Volcada	-
4	LF Fw small step	LF crosses in front of RF
5	RF closed to LF, Colgada	RF Bw, rotate L, overbalance
6	LF to side	RF to side
&	RF closes to LF	LF closes to RF w/t wt, pivot
1&2&3&	Sidesteps (3) leading the ochos	Bw steps(3) and pivot
4&	RF side, LF stops followers LF	Bw step and Hold
5	Inversed Sandwich with RF	-
6	Caress with the LF (Lustrada)	-
7	LF passes to side, small step	-
8&	Voleo Bw and Fw	-

Timing	Leader	Follower
1	RF Side Displacement	LF free rotating Bw to the Left
2	Weight in both feet, rotating L	Continues the displacement
3	Weight in LF	LF Bw, RF hooks Leader's LF
4!	-	RF Kick Fw and Envelope
5	Leads the Planeo	Planeo with the RF
6	RF to side, LF crossed in front	LF Fw and pivot, RF crossed
	of RF w/t wt (enrosque)	behind LF w/t wt (arresta)
7	LF Fw	RF Bw
8&	RF to Side, LF closes to RF	LF to Side, RF closes to LF
1	RF Bw	LF Fw
2	LF to side	RF to side
3-4	RF enters follower's space	LF to side, RF hooks leader's
	close to LF (envoltura)	RF starting low, slowly rising
5-6	-	RF high ronde until cross back
7	LF Fw	-
8	RF as in 3-4 (envoltura)	Tranfer of weight to LF, RF
		hooks leader's RF
1-2	-	RF high ronde until cross back
3	Leads the Voleo	Voleo Fw with the LF
4-5	LF closes to RF w/t wt	LF Fw step and pivot L
6	LF Fw	RF Bw
7	RF to side	LF to side
8	LF closes to RF	RF closes to LF

The music tracks used in this seminar are the following:

For any questions , requests or clarifications, feel free to email : kormaslimitless@gmail.com

Special thanks to my partner and demonstrator Eleftheria Kontaki

[&]quot;Poema", by Orchestra Romantica Milonguera

[&]quot;Vida mia", by Lidia Borda